## Switch off Campaign It's time for a New Year low Energy Diet!

From Monday 18th January all employees are asked to participate in a Company-wide Switch off Campaign in support of the Group's efforts to cut carbon for the CRCEE submission, reduce costs and save the environment.

What do you need to do? - Basically what it says on the tin – when you leave at the end of the day or shift make sure everything is switched off. Remember if you leave a room for more than 10 minutes you should turn your lights off. Think about whether you need the heating or air conditioning on at all.

Make suggestions for improving energy efficiency – the idea that can potentially save the most Carbon and the most creative, practical idea will be rewarded with a box of chocolates or a tree planted in their name.



## SWITCH IT OFF ... DON'T JUST STANDBY AND WASTE ENERGY!

## Watch for the Usual Suspects:

- 0 Lights
- Air conditioning and heating
- Photocopiers
- 0 Printers
- Chargers power tools, mobiles
- O PCs, laptops, monítors
- 0 Fork lift trucks
- 0 Kitchen equipment
- Process equipment heat sealers, chillers etc
- o Ovens and incubators



	<b>Computers and Monitors</b> Make sure computers and monitors are switched off at the wall when not in use. Switch off the monitor if it is not going to be used for 10 minutes.		<b>Photocopiers</b> Switch the photocopier off at night and at weekends, make sure standby features are enabled for times when the machine is not being used.
<b>Energy Fact:</b> The average computer and flat screen monitor costs £20 per year if not switched off overnight, that's £2000 g tonnes of CO2 for every 100 workstations.		<b>Energy Fact</b> Leaving a photocopier on standby overnight and at weekends instead of switching it off costs £33 per year and emits around 144kg of CO <sub>2</sub>	
	<b>Lighting</b> Use the most efficient light bulb available and turn off when not in use - for fluorescent tubes turn off if not in use for 10 minutes	A REAL PROPERTY AND A REAL	Heating If it is too warm turn the heating down don't open the window, make sure you are seated away from draughts rather than turning the heating up
<b>Energy Fact</b> Lights account for about 30% of the running costs of most businesses.		<b>Energy Fact</b> The average under desk heater costs more than £100 per year to run (assuming Winter use only) and emits enough CO <sub>2</sub> to fill 50 000 party balloons	

## Díd you know?

"To save enough electricity to power all of the street lights in the UK each home would have to install just 3 energy efficient light bulbs"

"Turning your heating down by 1°C will reduce your heating bills by up to 10%"

"Each mobile phone produced results in 75kg of waste" "£1 Billion pounds is wasted each year by υκ households leaving items on standby"

"Recycling just one plastic bottle saves enough energy to power a GOW light bulb for G hours"